

## Structure Determines Your Outcome

Your structure is the total approach of how you live your life, how you achieve your goals and dreams. Within it are your beliefs, strategies, tools and approaches.

If part of your structure is inaccurate or you are in the ineffective structure, it will be harder or impossible to achieve and maintain your goals and the life you want. If the structure that you are in is fatally flawed, it won't matter how much you want your goal, how much effort you make or what a nice person you are. It won't happen.

If you have an accurate and effective structure you will be pulled into the future that you want. Your structure will make your desired route the path of least resistance.

Utilizing your strengths, within the right structure, your natural motivation will pull you into your purpose. You will be happier, healthier, more fulfilled and successful.

For more information about Signature Strengths, engagement and purpose, explore Positive Psychology. If you want to know more about structure, focus on the work of Robert Fritz. You will find links on our Home Page. You may also attend our seminars.

I hope that this has been helpful.

*Tom*